



# Earn free CEs\* online and help your clients quit nicotine.

## Treating Nicotine Dependence in New Mexico

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Health care professionals who enroll in this course will gain the knowledge and skills to address nicotine use with patients, including:

- The specific risks and consequences of nicotine use on the body
- How to deliver a nicotine intervention in less than three minutes
- Effective communications techniques for addressing tobacco with patients
- How to make referrals to New Mexico Nicotine Addiction Treatment Services and other appropriate resources

## Family Nicotine Intervention for Health Care Providers in New Mexico

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Health care professionals who enroll in this course gain the knowledge and skills to address nicotine use with New Mexico families, including:

- The specific risk of tobacco use and the benefits of quitting for families
- How to deliver a nicotine intervention in less than three minutes
- Effective communication techniques for addressing nicotine with women, minors and families
- How to make referrals to New Mexico Nicotine Addiction Treatment Services and other appropriate resources

**Register at: [nupacnm.com/training](http://nupacnm.com/training)**

**\* 1.0 CME-designated activity**

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