FREE HELP QUITTING NICOTINE

1-800-QUIT-NOW

(1-800-784-8669)

QUITNOWNM.COM

AYUDA GRATIS PARA DEJAR EL TABACO

1-855-DEJELO-YA

(1-855-335-3569)

DEJELOYANM.COM

LET'S CONNECT ON TWITTER

@QuitNowNM

Live Vape Free

Free help to quit vaping

To get started, text VAPEFREE to 873373 or visit LiveVapeFreeNM.com

NUPAC

Nicotine Use Prevention and Control Program

Free Resources and Technical Assistance Include:

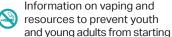
- Presentations to Organizations, Healthcare providers, and Associations
- Referral to New Mexico's Free Nicotine Addiction Treatment Services
 - 1-800-QUIT-NOW (quitnownm.com)
 - 1-855-DEJELO-YA (dejeloyanm.com)
- Promotional Materials (nupacnm.com/quit-now-promo-materials)
- Health Systems Change and Outreach Program
- Free Online Trainings for Health Professionals include:
 - Treating Nicotine Dependence in New Mexico
 - o Family Nicotine Intervention for Health Care Providers
 - Addressing Nicotine Use in Oral Health Settings
 - Addressing Nicotine Use in Behavioral Health Settings
 - CE Credits for these trainings will vary
- Secondhand Smoke Awareness Materials

NMDOH NEW MEXICO DEPARTMENT OF HEALTH

visit: nupacnm.com

Link into action at NUPACNM.com

E-Cigarettes & Vaping:



Prevention:

Campaigns and resources to prevent youth and young adults from starting to use nicotine products.

Secondhand Smoke:

Free resources and campaigns to promote smoke-free environments for all New Mexicans.

1-800-QUIT-NOW Promotional Materials:

to use vape products.



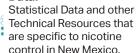
Quitting:

Free resources to help New Mexicans quit using nicotine products and campaigns to promote cessation.

Health Care Professionals and Clinics:

Online trainings with free
 CE credits for health care
 professionals and resources
 for health systems.

Data:



About NUPAC:

Learn about the Nicotine
Use Prevention and Control
Program and contact staff
for more information.

Related Links:

Links to other trusted partners providing resources and campaigns for nicotine control.