



# Earn free CEUs\* online and help your clients quit tobacco.

## **Treating Nicotine Dependence in New Mexico**

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**Health care professionals who enroll in this course will gain the knowledge and skills to address tobacco use with patients, including:**

- The specific risks and consequences of tobacco use on the body
- How to deliver a tobacco intervention in less than three minutes
- Effective communications techniques for addressing tobacco with patients
- How to make referrals to New Mexico Tobacco Cessation Services and other appropriate resources

## **Family Tobacco Intervention for Health Care Providers in New Mexico**

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**Health care professionals who enroll in this course gain the knowledge and skills to address tobacco use with New Mexico families, including:**

- The specific risk of tobacco use and the benefits of quitting for families
- How to deliver a tobacco intervention in less than three minutes
- Effective communication techniques for addressing tobacco with women, minors and families
- How to make referrals to New Mexico Tobacco Cessation Services and other appropriate resources

**To register go to [NMTUPAC.COM](http://NMTUPAC.COM) and click on "Health Care Professionals."**

\*CME-Designated Activity (1.00 prescribed credits)