

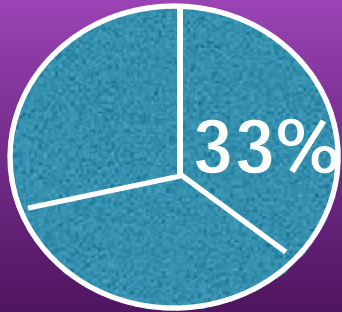
Tobacco Use and Secondhand Smoke are Hurting African Americans in New Mexico



1 in 3 African American high school students in New Mexico is using some form of tobacco. Most smoke cigarettes, but many others are also using smokeless tobacco, cigars, hookah and e-cigarettes or vaping.

32% of New Mexico 9-12th grade African American students used some form of tobacco in the past 30 days.¹

Take Action: Reduce access. One of the best ways to prevent youth from starting to use any tobacco products is to make it harder to get, including making it more expensive.



One-third of African American high school youth are exposed to dangerous secondhand smoke.

33% of New Mexico's African American high school students were exposed to secondhand smoke in the past 7 days.¹

Take Action: Go smoke-free. Smoke-free homes, cars, apartments and public spaces protect young people and vulnerable adults.

More than 8,000 African Americans in New Mexico smoke cigarettes.*

Most want to quit – 68% of adult smokers tried to quit in the past year.²



Take Action: Get free help. Quitting tobacco resources are available 24/7. Call 1-800-QUIT NOW or visit www.QuitNowNM.com

More Information: On  Community Health Charities of New Mexico, www.healthcharities.org